



Expressions....

The Alumnae Newsletter



Vol 29 February, 2020

St Ann's College of Education (Autonomous), Mangaluru

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Message by the President

Dear Alumnae,

The New Year 2020 has just begun bringing with it the warmest greetings from your dearly loved St Ann's. I hope and pray that this New Year be filled with blessings and cheers for each one of you. *Expressions* -the Alumnae Newsletter unfolds the progressive journey of your *Alma Mater*, provides a bird's eye view of the activities and events and places on record the achievements of the College and the Alumnae.

We are delighted and exuberant to announce that we are marching forward with new hopes and dreams. The Platinum Jubilee year was a year of excitement. The Platinum Jubilee celebrations were held on November 30, 2018 beginning with the Eucharistic Celebration in the morning and concluding with the valedictory function in the evening. The year was a platform to recollect deeply cherished memories of yester years and look ahead with gratitude and hope for the unfailing mercy of God. The celebration of the triple events of our College, viz., the Silver Jubilee of the M.Ed. Course, Golden Jubilee of the Alumnae Association and Platinum Jubilee of the College had been a grand success with the blessings of the Almighty, support and cooperation of the staff and students, good wishes from our former staff, Alumnae, benefactors, well-wishers, parents and relatives of our students. With your generous helping hand, we were able to raise a Scholarship Fund of Rupees Seven Lakhs Fifty Thousand Only (Rs. 7,50,000.00) to support the education of the economically needy B.Ed. and M.Ed. students. May God bless your generous contribution.

St Ann's College of Education has walked its victorious journey of 76 years and the 75th batch of students has moved out of its portals, adding another pearl to the glorious crown of its *Alma Mater*. During its life span, St Ann's College of Education has grown under the competent leadership of various leaders. One of such leaders whom our Institution has witnessed is Dr Leonilla Menezes (Sr M. Clare A.C.). On this occasion, we gratefully remember her enthusiastic and committed service to our College for the past 30 years and very specifically for her 17 years of effective leadership



which has led our institution to greater heights by upholding the motto: “Lighted to Light”. We wish her well in her future endeavours. As the mantle of leadership has been passed on to me, I entrust this institution to God's providential care and pray that His Light may always illumine the path of St. Ann's College of Education. I thank you whole heartedly for your support and good wishes for our College.

We also remain indebted to Dr. Suresh Kumar T., Physical Director for his 36 years of committed service to our College and pray that his life be filled with joy and may he be blessed with a peaceful life ahead.

We regret to inform the sad demise of our beloved student Miss Ashwini of 2018-2020 Batch of B.Ed. and offer sincere condolences to her dear parents and brother.

This year our College will be hosting a National Conference: “Quality Education in the 21st Century –Perspectives and Innovations” on March 5th and 6th, 2020. The Conference will be an intellectual platform for the purpose of sharing issues and concerns on Quality Education.

Thirteen Ph.D. scholars have been conferred Doctoral degree by Mangalore University and nine have submitted their final thesis and are awaiting Viva-voce examination. We wish them well in their academic journey.

With the blessings of the Almighty, we move ahead with confidence and courage to soar high in our mission of illumining the world through the cause of Education by providing quality teachers to the society, who will train the young hearts to uphold human values amidst challenging times. We look forward for your support in our future endeavours and wish you success in your noble vocation. I warmly invite you to attend the Alumnae Annual get-together on February 15, 2020.

Looking forward to your gracious presence.

Yours affectionately,
Sr Zeena A.C.

AlumNews.....

A REPORT OF THE ACTIVITIES OF THE YEAR JANUARY 2019 – DECEMBER 2019

The Alumnae of our College offers all former students an enduring point of contact with the College, with old friends, former classmates and Staff. With a present Membership of 3629 among which 04 are benefactor Life members and 20 are Sponsor Life members, the College is proud of the outstanding achievements of many of its past students and is appreciative of being role models to the current generation. With a presence of a hundred and fifty Alumni, the Annual Mother Josephine Memorial Lecture 2019 was delivered by Prof. Niveditha Mirajkar on February 23, 2019 on the topic “Education : The true Empowerment”. The Lecture was followed by an open discussion.

The General Body Meeting of the Alumnae Association commenced at 12.30 p.m, which was followed by games conducted by Dr Sharmila Mascarenhas, Asst.Professor and Mrs Akshitha Shetty, Lecturer. These games helped the alumnae to actively involve and stay connected to each other. The programme ended with a fellowship lunch. To look ahead and visualize the College growing into excellence, many achievements wherein an array of activities and events were planned all through the year with the sharing of our expertise and experience in organizing a number of programmes

- A Lecture on 'Professional Growth and Faculty Development Programmes on Best Practices in Teacher Education' was delivered by Dr K.K Chandini, Associate Professor, Inter- University Centre for Teacher Education, RIE, NCERT, Mysore for the staff and students.
- A seminar on 'First Aid and Disaster Management 'was conducted on June 13, 2019. Mrs Lavina Rodrigues, Lecturer, Dept of Psychiatric Nursing, Father Muller College of Nursing, Mangalore was the resource person.

Along with our President Sr Zeena Pereira A.C. as the cornerstone we hope to accomplish remarkable events by undertaking meaningful programmes and projects through the Association and desire to go ahead locating those areas where our concern needs to be made tangible through action.

Trip Down The Memory Lane....

Platinum Jubilee Celebration

The year 2018 was an auspicious year in the chronicles of St Ann's College of Education as the day signified recalling the past 75 years of imparting excellence in the field of Teacher Education and saluting the memory of all those who have had left a rich inheritance. The valedictory of the Platinum Jubilee was held on November 30, 2018 with a thanksgiving mass and a cultural programme.



Visit by the Superior General of the Apostolic Carmel Educational Society

Sr M Susheela A.C, Superior General Apostolic Carmel Congregation visited the Staff of St Ann's Institutions in the campus and expressed a stupendous note for ceaselessly chiseling excellence among the future generation.



College Inaugural Programme

The B. Ed. Course for the academic year 2018 – 2020 was inaugurated on January 23, 2019 with an Eucharistic celebration led by Rev. Fr Prakash Cutinha, OCD. Prof. Udaykumar, Rtd Professor, SDM Law College, Mangalore, the Chief Guest in his message spoke on how a teacher needs to take a lead in creating an inspiration and motivating young minds in the future. The Principal administered the oath to the Student Cabinet and wished all to set their goal to be efficient teachers

Input Sessions

The personal and professional growth was enhanced through Workshops, Seminars and Guest Lectures. The following activities were organized for our Teacher Trainees:

- A workshop on E-Content Development for M.Ed Students was conducted by Dr Rosy Fernandes Salvador, Asst Professor, Kamala Baliga College of Education, Kumta.
- One day workshop on Plastic Waste Management was conducted by Dr Sharmila Mascarenhas, Asst. Professor, at St Ann's College of Education (Autonomous), Mangaluru on August 19, 2019.



- A workshop on 'Teaching Value Education' by Rev. Fr Vijay Machado, Director, DBCLC, Pastrol Centre, Bajjodi, Mangaluru was organized.
- A one day Spiritual Orientation Programme was conducted on March 13, 2019 by Rev. Fr Pius James D'Souza, Rev. Fr Ligoury Crasta and Dr Jovel Olivera.
- The B.Ed Students attended a one day training session on 'Drug Abuse, Anti-ragging, Sexual Harassment and Environmental Protection" held at Milagres College, Mangaluru on September 30, 2019.
- With the objective of strengthening, enriching and improving the quality of individual and family life, a Seminar on Family Life Education was organized in two phases. The Resource Persons invited were Dr Jenita Pinto, Medical Microbiologist,U.A.E, Dr Jessy D'Souza Obstetrician and Gynaecologist, Fr Santhosh Rodrigues, Former Director of Family Life and Counseling Centre, Diocese of Mangalore, Bajjodi, Mrs Rosa Mathew, Assistant Professor in Counseling, Roshni Nilaya and Mrs Sharel Prabhu, Graduate Assistant, St Aloysius High School, Mangaluru. They focused on Spiritual Aspects of Marriage, Human Sexuality, Family Planning Methods, Adolescent Behaviour, Child Abuse and Legal Aspects of Marriage.



- A talk on Cyber Safe Campus was organized on October 23, 2019 by Dr Ananth Prabhu G, Professor in Computer Engineering, Cyber Security and Law Trainer.



Spiritual Formation ... A Path to Understand Life

The following events enriched the spiritual direction of our students. Prayer days, Retreat, and Orientation Programmes were arranged for the spiritual and moral development of the students. Regular Value Education classes were a source of strength for our students to set an example for the future. A distinctive feature of this college is the teacher trainees taking turns to organize the Morning Assembly in an effective way.

Strengthening Academics

- To enhance the Teaching Skills of our Teacher Trainees, Micro Teaching Sessions, Demonstration Lessons using Multimedia, Simulated lessons, Integrated Lessons, Pre-Teaching Observation of Lessons, Workshops on Lesson Planning and Evaluation in all Pedagogy Subjects was conducted. Video Recording was one of the techniques of providing feedback.
- Theory and Practice of Lessons using Models of Teaching gave an insight to the Students in using the innovative approaches in teaching.
- To accustom the Teacher Trainees with the regular school set up, an **Internship Programme** of duration of two months was organized. All Teacher Trainees were trained to take up Action Research Projects, school based assignments and community based projects. The task based activities made the teaching learning process more experiential.

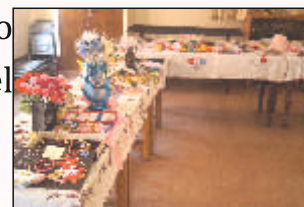


With an aim of developing creative thinking and new study techniques and approach academic situations in different arrays, a workshop on 'Drama and Art in Education' was organized.

Mr Christopher D'Souza, Lecturer in Commerce, Padua PU College and Mr Clanwin Fernanades, Graphic Designer and Theatre Artist

were the resource persons. The evaluation was followed by a stage performance comprising different activities.

- Resource Persons in various dimensions trained the teacher trainees to prepare assorted products like flower bouquets, jewelry and tussel making. This was followed by an exhibition of the products.



Health and Physical Education

The Annual Sports Meet was held on 5 April, 2019. Mr Donnet D'Souza, Senior Physical Director, St Aloysius College, Mangaluru inaugurated the sports meet. The Gandhiji Group secured the Overall Championship and the Individual Championship was bagged by Ms Smitha.



International Yoga Day with the theme 'Climate Action' was celebrated. The resource person was Dr Saritha D'Cunha, BHMS, MD, Father Muller Medical College.

Regular use of gym and practice of yoga is a special feature of this institution.

Beneficence to the Society

The College with a phantom of being committed to serve the society involves the B.Ed students in service-learning activities, conducting Sports Meet, conducting classes for the students of St Ann's Kannada Higher Primary School, the Sister Institutions on the campus are enriched through our Language Lab., Multi-Gymnasium, library and computer lab, guidance offered to answer KSET, TET and NET exams for Alumnae and Students, Job placements for our Students and B.Ed. graduates of other institutions and Workshops etc. are organized for the Alumnae of the College.



Service - Learning Programmes

To foster social responsibility and develop hands on experiences in the community, the Service - Learning Activities were conducted in two phases. To achieve this end, student teachers organized various class wise activities for the St Ann's Kannada Higher Primary School. They taught them the basic communicative skills through word games, rhymes, tongue twisters, dialogues, action songs and so on. The programme was concluded by distributing sweets and stationary to the students.

In order to interact with the Children of the rural schools, a Sports Meet was conducted where our students organized different games for the children of Government Schools in Bengare.



To get acquainted with the performance and exceptionalities of special children, a visit to St Agnes Special School was organized and based on their needs, teaching learning aids were presented.

'Cultural Fest- 2019' – an array of vivid competitions like Poster Designing, Folk Dance, Eastern Singing, Creative Advertisement for the B.Ed Students was organized with a key motive of providing a forum for exhibiting their skills and potentialities. An inter-class quiz was conducted for the students by Prof. Uday Kumar, Retd Professor, SDM Law College, Mangaluru.

